



Your Guide To Preventive Health Care For Dogs

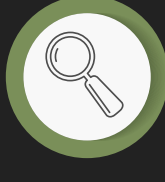
- Obesity is the main threat to pet health
- In the U.S., 1 in 3 dogs is overweight
- Parasite prevention has led to a 46% drop in diagnosis for dogs in the past decade
- 85% of adult dogs between ages 3-10 show signs of dental disease
- Almost 20% of U.S. dogs have gum disease



Veterinary Visits



Every dog should have an annual veterinarian exam



The vet will perform routine health screenings for detection and prevention



Visits may become more frequent with age or to address emerging issues



Spaying or neutering is a strongly recommended preventive health measure

Vaccination Timeline — Recommended and Optional

- At 6-8 Weeks: Distemper, parvovirus, Bordetella
- At 10-12 Weeks: DHPP (distemper, hepatitis, parainfluenza and parvovirus), influenza, Lyme disease, leptospirosis, Bordetella
- At 16-18 Weeks: DHPP, rabies, influenza, Lyme disease, leptospirosis, Bordetella
- At 12-16 Months: DHPP, rabies, leptospirosis, Bordetella, Lyme disease
- Every 1-2 Years: DHPP, influenza, coronavirus, leptospirosis, Bordetella, Lyme disease
- Every 1-3 Years: Rabies (as required by law)



Preventing Parasites



Stay up to date on all vaccines and preventive treatments



Use heartworm meds and de-wormers to help prevent intestinal parasites



Utilize topical flea and tick products as recommended

Teeth, Eyes & Ears

- Dental care is essential to preventing tooth loss, periodontal disease, etc.
- Teeth cleanings should be performed every 1-2 years
- Vets will assess eye health, but certain breeds may require additional eye cleaning
- Depending on breed, a dog's ears can require a lot of upkeep to prevent infection
- It's advised to groom your dog regularly to help detect potential issues early



Exercise



- Monitor your pet's exercise to prevent overexertion, injury, etc.
- Routine exercise can help:
 - Maintain a healthy BMI
 - Provide mental stimulation
 - Keep bones, muscles and heart strong

Nutrition

- Feeding your dog a healthy, balanced diet can prevent obesity and allergic reactions
- Avoid table scraps and excessive treats to manage weight
- Buy smaller bags for fresher food
- Always provide fresh, clean water



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